

**BHD Atölye**

BİLGİ HEDEFE DÖNÜŞÜR

Weekly study plan

Week: _____

Student: _____

	BLOCK 1	BLOCK 2	BLOCK 3
Mon	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration
Tue	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration
Wed	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration
Thu	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration
Fri	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration
Sat	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration
Sun	Subject · Topic · Duration	Subject · Topic · Duration	Subject · Topic · Duration

WEEKLY GOAL

END-OF-WEEK REVIEW

1

Plan on Sunday evening

Fill the blocks by subject and topic; do not forget revision blocks.

2

One block, one job

One subject, one topic per block. Phone in another room, 25-40 min of focus.

3

Review at the weekend

What got done, what is left? Leftovers move to the first blocks of next week.